### NEBRASKA NEWSLETTER NOVEMBER 2023

THE HOLIDAY SEASON IS ARRIVING QUICKLY, I'M CONTINUALLY AWESTRUCK TO REALIZE HOW BLESSED I AM. I'M DEEPLY THANKFUL FOR ALL THAT I HAVE. MANY DUE TO P.E.O. AND THE FABULOUS WOMEN THAT I HAVE BEEN ABLE TO MEET AND KNOW. YOU HAVE FILLED MY LIFE WITH LOVE AND GRACE. I AM THANKFUL THAT YOU HAVE SAID "YES" TO OUR WONDERFUL SISTERHOOD. AS WE GO FURTHER INTO THE SEASON I HOPE YOU ALSO REALIZE HOW MUCH P.E.O. MEANS TO YOU. MY HOLIDAY CHALLENGE TO EACH OF YOU IS TO REFLECT ON WAYS YOU CAN HELP YOUR CHAPTER AND MAYBE MAKE SOME CHANGES IN YOUR LIFE AS YOU "SCATTER LOVE, SPARKLE WITH GRACE, AND CHOOSE TO SHINE."

- MAKE GOALS-FOR YOURSELF, FOR YOUR CHAPTER, GOALS ARE JUST DREAMS WRITTEN DOWN.
- IDENTIFY A "SPARKLING SPECIAL SISTER-OR SISTERS SHARE AT A MEETING WHAT MAKES HER SO SPECIAL! GREAT IDEA FOR SUGGESTIONS FOR THE GOOD OF THE CHAPTER"
- VOLUNTEER TO SHADOW A CHAPTER OFFICER-YOU MIGHT FIND OUT "YOU CAN DO IT!!
- MAKE PLANS-INVITE A FRIEND TO COFFEE, WINE, OR DINNER.
- SHINE LIGHT TO OTHERS-NOMINATE A WOMAN FOR A GRANT OR SCHOLARSHIP, OR LOAN!
- SCATTER LOVE-VISIT A CHAPTER SISTER OR SOMEONE ELSE WHO MIGHT NEED SOME A LIFT!
- LIVE WITH A PURPOSE DISCOVER A NEW HOBBY/TALENT/DESTINATION.
- INCLUDE NATURE-GO FOR A WALK WITH SOMEONE, WATCH A SUNRISE/SUNSET OR STUDY THE NIGHT SKY!
- KEEP IT SIMPLE-SMILE EVERY DAY AND SAY HELLO!
- HELP OTHERS-IN YOUR CHAPTER, YOUR NEIGHBORHOOD, YOUR
  COMMUNITY
- INVITE ANOTHER CHAPTER TO AN EVENT, FUNDRAISER, HOLIDAY GET TOGETHER!
- SUPPORT YOUR CHAPTER OFFICERS-OFFERS OF ASSISTANCE IN ALWAYS APPRECIATED!
- USE THE RESOURCES ON THE WEBSITE OR THE RECORD! THERE ARE MANY PROGRAMS, TRAINING VIDEOS, LEADERSHIP VIDEOS AND TIDBITS OF P.E.O. HISTORY TO BE SHARED.

WE HAVE SO MANY OPPORTUNITIES AS P.E.O.'S TO LIVE; "THE OBJECTS AND AIMS", TO SUPPORT OUR MISSION AND SHARE WITH OTHERS ALL THAT P.E.O. CAN OFFER. WHAT AN IMPACT WE CAN HAVE AND CHANGE SOMEONE ELSE'S LIFE OR EVEN OUR OWN! WE CAN "CHOOSE TO SHINE"!!



SEND NEW RECIPROCITY OFFICERS, NEXT MEETING LOCATION & MINUTES TO JANE VAN HORN. PLEASE SUBMIT YOUR OFFICERS ON THE INTERNATIONAL WEBSITE!

NOVEMBER 15,2023 NEW LOGIN FOR STATE WEBSITE

NOVEMBER 20,2023 LAST DAY TO SUBMIT P.E.O. SCHOLAR AWARD NOMINATION FORMS

DECEMBER 15,2023 PROJECT DONATIONS MUST BE SENT TO OUR ASSISTANT SEC/TREASURER SHERI RASMUSSEN

DECEMBER 15,2023 THE LAST DAY TO SUBMIT AN IPS ELIGIBILITY

### SSO NOVEMBER 15TH! (Single Sign On)

TWO things:

Make sure you know your Member ID number. This might be helpful to keep your number in your yearbook.
 \*Yearbook chairs-this might be something to add to your yearbooks this spring!

• Make sure your email address has been submitted on the International website. Both items will be necessary in order for you to use SSO to access the Nebraska website

. At this point, this is for the Nebraska website only!



### This change will be implemented on Nov. 15th! On that date the login process will change and you will:

- Login with your <u>Member ID number</u> as the username and <u>PEO\_2023!@#</u> as the password.
- You will be prompted to enter your email address and create your own personal password. <u>Password</u> requirements will be: 12 characters with at least one upper case, one lower case, one number, and one special character. (A "I forgot my password." link will be available if needed.)
- After the successful creation of your password, you will be logged out. You can then log in using your Member ID number and new password.
- You are set to go!

So that you know that you are prepared:

- Find your Member ID on the label of your P.E.O. Record. The second line of the label has your (chapter letters) | | NE followed by your Member ID number OR
- To find your ID number and check on your email address:

Go to the Quick Links at the bottom of the home page on the International website and click on "Member Update."

Select "Look up ID", fill out the short form and submit to retrieve your ID number. Then "Use this ID" and "Continue" to take you to the Member Update page. There you will be able to verify your email address or submit it, if need be!

If you know your Member ID, follow the instructions above by going to the Member Update page and submitting your number to verify or submit your email address. If your information is correct and complete, you may just close out of the page.

We want this change to be as seamless as possible, so we need all Nebraska P.E.O. members to join in to achieve this goal! You will not be able to access the website without personally completing this update. Please share these instructions with EVERY SISTER! The change is here!

Have questions or need assistance? Contact Leann at <u>leanndrullinger@gmail.com</u>

Corresponding Secretary: Review your active and inactive list from your annual report and your new report will go more smoothly! Treasurers: Make sure you are balancing out with the checkbook statements and your ledger! ATTENTION

# **ELF Information**

The leaves are changing, pumpkin and apple flavors are taking over kitchens. It's a beautiful time of year. As you head to see family and friends this fall and this holiday season keep an ear out for women in your life who maybe pursuing educational goals and looking for financial assistance.

As you sit down to Thanksgiving dinner, is our next ELF candidate sitting across the table?

Women who are pursuing everything from an undergraduate degree, commercial, technical, or vocational degree to a masters or doctorate degree are eligible for the Educational Loan Fund. Sometimes it's the timeframe that trips people up. The ELF is for women who are six months – 24months from graduation. They must be currently enrolled to apply for the ELF. There may be women who are pursuing a commercial, technical, or vocational degree where 6-24 months is the entire length of their program. Timing is important and so make sure the women in your life know not hesitate to reach out about this wonderful low interest rate loan option for educational funding.

I wish you all a Healthy, Blessed and Happy Thanksgiving. Maybe this year you find our next ELF

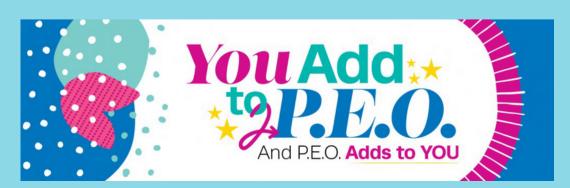
candidate at your gathering!

Happy Thanksgiving, Cristy Fryzek Chapter IV Hickman State ELF Chair

# MEMBERSHIP

YOUR STATE MEMBERSHIP COMMITTEE CAN HELP YOU FIND RESOURCES TO KEEP THOSE STARS SHINING AND REIGNITE DIM ONES. WE ENCOURAGE YOU TO EXPLORE THE INTERNATIONAL AND NEBRASKA STATE P.E.O. WEBSITES. HERE, YOU WILL DISCOVER SPECIFIC RESOURCES FOR SEVERAL MEMBERSHIP TOPICS. THESE RESOURCES WILL HELP YOU INTENTIONALLY GROW AND THRIVE AS P.E.O. SISTERS. NEED A BOOST TO SPARKLE CONTACT YOUR MEMBERSHIP LIASON OR A STATE BOARD MEMBER. MEMBERSHIP IS EVERYONE'S RESPONSIBLITY! HAVE YOU ADDED 2? SPECIAL RECOGNIZITION AT STATE CONENTION FOR YOUR CHAPTER, MORE DETAILS TO COME!

PAT RIGGINS ES, CHAIR KAY BUECKER, GQ JAN OSBORN, CW NICOLE BERNER, GX, PSP DEB MCALLISTER, IP JAMIE CONNELL, EU KELLY ROBARE, FQ KATE WIDHALM, FZ



# **P.E.O. Scholar Awards**

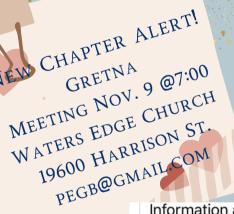
I am delighted that several Nebraska chapters have already submitted letters of recommendation for candidates for the P.E.O. Scholar Award! Several other chapters are in the process of raising \$500 for the Scholar Awards, so that they can be named PSA Laureate Chapters!

### Nebraska P.E.O.s are truly the most thoughtful, generous sisters!

Don't forget November 20, 2023, the last day chapter recommendations for PSA candidates can be submitted. February 28, 2024 is the last day for chapters to submit \$500 and be recognized as PSA Laureate Chapters.

#### Thank you all for "scattering love" to our P.E.O. projects!

Laura Marvel Wunderlich, HT PSA state project chair 719-207-3198, Imarvel@hastings.edu





Information and training on the electronic annual report process will be available in early 2024, and you can take a step to be more prepared now! All presidents, treasurers and corresponding secretaries will need current email addresses – take a moment to review and update your email address if needed at https:// members.peointernational.org/ peoforms/peo\_member\_update.



ELECTRONIC ANNUAL REPORT

leave a little Sparkle wherever you go

Don't Be Left Out! Order your Nebraska pin! We will take orders until Feb. 2024! Pick up will be at state convention for yourself or your chapter order!! Forms are on the state website or <u>click here!</u>



Nebraska P.E.O. Home, 413 North 5th Street, Beatrice, NE 68310-2902

Phone: 402-228-4208 Email: nebraskapeohome@outlook.com <u>https://www.nebraskapeohome.org/</u> <u>November P.E.O. Home Newsletter</u>



"Whet your appetite" for reading more about these pieces in the longer article.

Click on the link above to access the Nebraska P.E.O. Home website and newsletter link to read more.

Nebraska P.E.O. Home PRE-READING quiz! How many of these will YOU answer correctly? All are TRUE or FALSE questions!

Answers can be discovered by reading the Newsletter Article on our website!

1. We now have 14 residents at residing at our Home. T or F

2. All residents MUST be P.E.O. members. T or F

3. The Move-In Special ended on November 1st T or F

4. Residents enjoyed a trip to Crystal Springs in October AND also painted pumpkins. T or F

5. The historic Henry F. Miller "parlor piano" is due back in January. T or F

6. Donations are still needed for the replacement of the dining room tables and chairs. T or F

7. Chapters and individuals can still make arrangements for tours of our Home. T or F

8. Fill in the blank: The Nebraska P.E.O. Home is now in its \_\_\_\_\_year of serving women in a luxury and beloved assisted living facility.

We are giving thanks to all of you for your gifts, donations, and prayers for our Residents and staff.

YOU make a difference in our much-loved Home.

Happy Thanksgiving from the Residents, Staff, and Board of Directors

## REMEMBERING

I was recently at a chapter visit and they held an exemplification. After the ceremony was complete, the "new sister" commented that the ceremony was so beautiful, that she didn't remember anything from her actual initiation. She said that she was so nervous, when she was initiated, that it was all a blur. That is one of the reasons that a chapter needs to hold an initiation or exemplification annually. It gives the officers, or initiating team, a chance to practice but it also is a reminder of our own initiation. I am a United Methodist and part of the baptism ceremony mentions that 'today, we (the congregation)remember our baptism.' That is what an initiation/exemplification does; it helps us remember, recommit, or rededicate our lives to P.E.O. It takes us back to our initiation and elicits those feelings we had. Whether the memory is the actual words, or just a feeling, we remember.

We are getting close to the time of year when we intentionally remember the blessings that we have been given over the year. We are thankful for what we have been given; sometimes we are thankful that we have just survived. As we think of those things for which we are thankful, be thankful for P.E.O. and the opportunities that have been allotted to all of those women who have benefitted from being a project recipient; be grateful for your chapter-the sisterly love you feel and the friendships that have formed. Thank your officers who have taken on the leadership of your chapter and be reminded, that you too, can step up as a leader in your chapter.

May you all remember your initiation and the words that mean so much to all of us. Have a wonderful and safe Thanksgiving.

In Sisterly Love, Jane Van Horn State Vice-President

> Outline for your president's letter is available on the state website!

State recommended bylaw changes will be available very soon!

Project donations are due by Dec. 15th to Assistant Sec/Treasurer Sheri Rasmussen. Use the Project Donation Form to submit them!

#### PROJECT RECOGNITION IS \$500 DONATION TO ONE PROJECT

Your chapter can earn special recognition and be honored at your 2024 state/ provincial/district convention! Chapters that would like to participate in one of the project recognition programs must have their donations and paperwork submitted to their state/ provincial/district chapter by January 31, 2024, to be included in the spring selections.



Donations and paperwork for the P.E.O. project recognition programs are DUE BY JANUARY 31, 2024.

# ADOPT-A-COTTEY STUDENT OR SUITE PROGRAM IS READY TO ROLL!

Please use the interest form included in this newsletter to join in the fun. This form is also available online at www.nebraskapeo.org in the Chapter Toolbox. If your chapter wishes to participate, please use this form.

To make things quick and simple, we aren't taking special requests. This is a great time to get to know a new student or suite!

For those planning to participate, now is the time to begin brainstorming with your chapter sisters and create plans, establish timelines, and start gathering things you'd like to send to the students once the assignment is made. Holidays, finals, spring-themed packages, and the end of the academic year are great times to let students know we are here and supporting them. Links for student support are also found on the Cottey website at:

https://cottey.edu/peo/support-students/

Included there you will find ideas and information such as:

- Care package ideas
- Cakes for Cottey from Chapter DW in Nevada
- Local merchant gift card ideas and how to purchase Cottey Cash to be used on campus in the Chellie Club, Raney Dining Room, for shuttle reservation or event tickets, and in the Spirit Shop.
- How to address packages to students and suites Here's a Pro Tip: Including a note from the chapter with an email address, name and cell phone and/or a self-addressed, stamped envelope with a blank note may gently encourage students to send back an acknowledgement. If you do not hear from your student or suite, please don't be

discouraged! Please know they DO appreciate you and the gifts.

Please complete and send the form below by email or mail to:

Julie Messerole, Chapter GF, 15016 Y Street, Omaha, NE 68127

Email: <u>peojuliemesserole@gmail.com</u>

Hindin. <u>Peojanemesserere@ginan.com</u>			
Ye	s! Our chapter will sponsor (choose o	ne): Student OR Sui	te
	Chapter Letters		
	Chapter Contact Name		
	Phone Number		
	Email		
	Mailing Address		



#### AS P.E.O.S, ONE OF OUR IMPORTANT RESPONSIBILITIES IS TO UNDERSTAND THE PROCESS OF SUBMITTING AN AMENDMENT TO EITHER NEBRASKA STATE CHAPTER OR INTERNATIONAL STATE CHAPTER. THIS PROCESS IS REALLY NO DIFFERENT THAN OUR GOVERNMENT. BELOW ARE THE REQUIRED STEPS FOR CHAPTERS TO FOLLOW IF THEY WOULD LIKE TO SUBMIT AN AMENDMENT OR A RESOLUTION.





How To Propose Amendments to S/P/D Bylaws and Standing Rules

1. The amendment is presented in writing at your chapter meeting. Notify chapter members, including all absent resident members, that a vote will be taken at the next meeting.

- 2. Vote taken at next meeting. Requires 2/3 favorable vote to proceed.
- 3. Approved amendment submitted to Nebraska A&R chair by December 31.

4. A&R committee works with local chapter and International Study & Research adviser to finalize amendment to be voted on at State Convention.

### NE State Amendments and Recommendations Committee (A&R)



#### How To Propose Amendments to International Documents and Resolutions



1. Amendment /resolution presented in writing at your chapter meeting. Notify chapter members, including all absent resident members, that a vote will be taken at the next meeting.

2. Counted ballot taken at next meeting. Requires 2/3 favorable vote to proceed.

3. Approved amendment and report of counted ballot sent immediately

to Nebraska president and A&R chair no later than January 1st.

4. Study and Research chair works with local chapter to review and format

amendment and returns it to local chapter, A&R chair and Nebraska president.

5. Immediately after convention, s/p/d secretary reports results of the vote to president of International Chapter and S&R chair.

6. Amendments approved by s/p/d chapters at convention in even numbered years will be considered at the following CIC.

Amendments received by the S&R chair after Jan 1 in even-numbered years or during the year of CIC will not be considered until the following CIC.

7. Published in the P.E.O. Record at least one month before convention.

8. Requires 2/3 vote by voting members of CIC for adoption.

NE State Amendments and Recommendations Committee (A & R)

## **CHAPTERS CHOOSING TO SHINE!**

Several members of Chapter IY, Lincoln attended a Mahjongg fundraiser for attended a Manjongg Jundraiser Jun Project Pink'd in Omaha. A great time was had by everyone.

Chapter GC, Alliance held their first annual Roll Into Education Bunco party fundraiser. Twenty-one sisters and guests attended. Fun was had by all. We will definitely be doing this again.

Chapter FI-IK spent time after our meeting decorating pumpkins for some of our meeting decorating pumpkins for some of our YEU sisters...especially those we haven't seen in subject with the dreaming them off this sisters...especially those we haven't seen in a while. We will be dropping them off this a wrille. We will be dropping them off this week and hope we can reconnect in person very soon! We love our sisters!

Chapter FB Lincoln meets socially every

past Saturday!! 🔀

first Saturday of the month for coffee and fun conversation! We had 9 Sisters this

> Chapter EY, Omaha had a meeting and a Very lucrative "Make It, Bake It or Take It" auction! A few members went to visit a auction: A lew literilibers werk to visit a meetings. Our group loves to support our

The 2nd annual Chapter S (Broken Bow) Bunco event was held this morning. Sisters & guests got into the spirit of the