

Surrounded by Love,
Encircled with Strength

Greetings!

September has come and gone and October has arrived. Love the brisk mornings and the fall colors are starting to appear. Hope you all can get out walk as the leaves begin to fall.

Your state officers have been been hard at work visiting chapters. We visit different regions every 5 years. You can find your next visit in the proceedings. I love this time of year as we get to meet so many wonderful sisters.

We had our fall board meeting September 22-24. We met in my home town of North Platte. It was a very productive few days but we did squeeze in some fun creating a Halloween canvas. We had some laughs and bonding as our new board.

Reciprocity meetings begin this next weekend. We get to meet with our convention groups and address at least one other reciprocity group in the state.

Planning is underway for our state convention in 2023, June 9-11 in Kearney. Buckle up! Reciprocity Groups III & X are starting their intense journey!



Top News of the Month

Recent revisions to policies, manuals and forms on the International website

Newly added to the Nebraska website:

- The ABC's of P.E.O.
- Suggestions for your Presidents Letter in February.
- VIP Fall Messaging

Nominating committee is seeking sisters wanting to become our 2023 State Secretary.

Mary Olsen, G, PSP, Chair

ELF

Jean Matheny

Home update

Lisa Helmick, GF, PSP



Upcoming Dates

Dates include P.E.O. International Chapter events and key dates.

October 2022

- Reciprocity meetings begin in Oct. Check on the Nebraska website for dates location and times for your reciprocity group
- Let's Go Find the Others Month

October 15, 2022

Last Day to Submit STAR Scholarship Recommendation Form

November 20, 2022

Last Day to Submit P.E.O. Scholar Award Nomination Forms

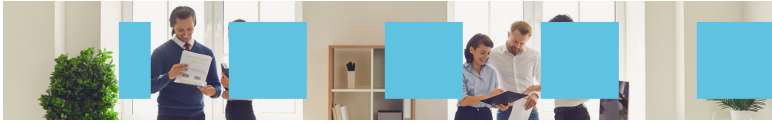
September 21-23, 2023

International Convention
Held in Pittsburgh, Pennsylvania

nebraskapeo.org/members

IMPORTANT WEBSITES

News



OCTOBER 2022

INTERNATIONAL

RECENT REVISIONS TO POLICIES, MANUALS AND FORMS

- Lateral Transfer Introduction, 09/22
- List of Supplies for Officers of Local Chapters, 09/22
- Local Officer Training, 09/22
 - Treasurer - Money Matter\$, 09/22
- P.E.O. Style Guide, 09/22
- Postinitiation Counseling PowerPoint, 09/22
- Template for Minutes of Local Chapter Meeting, 09/22
- Waiver and Release of Liability, 09/22
- Ceremony of Initiation Flowchart, 08/22
- Guide for an Unaffiliate, 08/22
- Guide for When You Are Invited, 08/22
- Local Officer Training, 08/22
 - Recording Secretary - Words That Count, 08/22
- Corresponding Secretary's Monthly Report to Chapter, 07/22
- Preacceptance Counseling PowerPoint, 07/22
- Counsel for Membership Booklet, 06/22
- Guide for a New Member, 06/22

NEWLY ADDED TO Nebraska website Resource tab, Toolbox

- The ABC's of P.E.O.
- President's Letter outline 2023

The ABC's of P.E.O.

Chapters asked for a program on etiquette for a P.E.O. Meeting during a town hall meeting.

Thank you to Patti Nicholson, Z and Eileen Shirk, Z for updating The ABC's to conform with our present day so it may be used for a meeting program.

President's Letter

President's Letter outline:

Updated for the president as she prepares her letter in February.

EDUCATIONAL LOAN FUND

LEGACY Chapters 2022

- CHAPTER AN
- CHAPTER CY
- CHAPTER GB
- CHAPTER GG
- CHAPTER FF-IA

BY JEAN MATHENY

Top Five Ways to Find Applicants

1. Network in your community by posting the updated ELF flyer where teachers, health professionals and other community members will see it. Women your chapter has previously sponsored for other P.E.O. grants or scholarships are also potential candidates for an ELF loan if they are continuing their education.
2. Work with a local community college, university or junior college through the financial aid office or women's groups on campus.
3. Work with other local chapters in the state to coordinate your search for potential applicants. Nebraska's ELF project chair, Kelly Robare, is also a great contact.
4. Spread the word at your local chapter events and have copies of the updated ELF flyer available.
5. Learn more about ELF by providing information at your local chapter meetings. Check out the updated programs on the ELF website.



**EDUCATIONAL
LOAN FUND**

- Qualified women can borrow up to:
 - \$12,000 for associate and bachelor degree programs, technical or professional training and post-graduate certifications
 - \$15,000 for master's degree programs
 - \$20,000 for doctoral degree programs

OCTOBER 2022

BECOME A LEADER &
MEMBERSHIP

EXECUTIVE BOARD OPPORTUNITY

IF YOU HAVE SERVED AS A LOCAL
CHAPTER PRESIDENT, YOU ARE QUALIFIED
TO BE CONSIDERED FOR
NOMINATION TO THE NEBRASKA
EXECUTIVE BOARD FOR 2023.

HANDOUTS – RECIPROCITY ANNUAL MEETINGS: At every reciprocity meeting, there will be handouts for each chapter with information regarding the nominating process for the office of secretary of the executive board. Please be sure your chapter has the packet which contains a brochure on the process, a fact sheet, a nominee's information form, and information for the chapter's letter of recommendation. If your reciprocity group met in September, please be sure you received the packet.

DEADLINE: November 1st is the deadline to get all information to the Nominating Committee chair.

Mary Lainson Olsen, G, PSP, chair
508 Forest Blvd., Hastings, NE 68901
402-462-2811 molsen@charter.net



From the Director of Membership Jennifer Chittenden

You Add to P.E.O. and P.E.O. Adds to You!

A membership growth campaign was launched in August with a challenge to local chapters to add two or more active members via initiation and/or reinstatement between March 1, 2022, and July 31, 2023. A complimentary challenge was created for s/p/d chapters. The rewards are many! The campaign focuses not only on the activities associated with membership growth, it also emphasizes how being part of the P.E.O. Sisterhood makes a difference in our lives, and in the lives of those who benefit from our mission.

Details can be found at <http://members.peointernational.org/you-add-peo>.

Cotter College _____

WE LOVE OUR COTTEY GIRLS!

UPDATE AND NEWS YOU CAN USE!



Sherry Erlewine, Nebraska Cotter College Committee Chair

*Cotter Students reported to campus
Friday, August 19, 2022.

The new school year is off and running!



Support our 10
Nebraska Suite
students

**Why not support our ten
Nebraska Suite students ?**

While you wait for your adopt a
student/suite information why
not give a little

“welcome to campus” gift?

It doesn't need to be elaborate,
just let them know our whole
state is thinking of them as they
begin this new academic year!

A suggested gift list is attached
to this newsletter.

You may send your gifts to:

Nebraska Suite
Cotter College
1000 W Austin Blvd
Nevada, MO 64772

ADOPT-A-COTTEY STUDENT/SUITE

*The Adopt-A-Cotter Student/Suite
will begin again in late September.
The college cannot release
registration information until after it
is certified. That does not happen
until AFTER class add/drop day
which is the second full week of
classes. Once we have this
information, we will assign students
and suites. Please be patient, the
college cannot disclose if the
student you supported previously is
on campus or not. We must wait for
the official registration information.

Care Package Ideas for Cottey

www.cottey.edu/peo/support-students/



FOR SUITES

The following suggestions are for entire suites and designed to be shared among all suite members. Suites may house up to 12 or 14 members, but please call the Office of P.E.O. Relations for an updated count of any suite you are supporting to get a current count of the residents.

cold-Weather Basket

LAUNDRY KIT

LAUNDRY PODS

DRYER SHEETS

STAIN

STICKS/SPOT

REMOVER

LAUNDRY

BAG/BASKET

Hats

Gloves/mittens

Scarves

Fleece blankets

Fuzzy socks

Kleenex

Moisturizing lotion

Lip balm

Hot chocolate

Tea bags

Anti-bacterial wipes

SUNDAY DINNER SUITE FEED KIT

YOUR FAVORITE DINNER CASSEROLE RECIPE

WALMART OR WOODS GIFT CARD FOR PERISHABLES

DISPOSABLE BAKING PAN

DRY INGREDIENTS

SUITE BASKET

Healthy snacks including:

Nuts or dried fruit

Chewing gum or hard candy

Baked goods

Tea or instant coffees

Stress balls

Thank-you notes

Stamps

Puzzles

Card games

Shower gels or steamers

Nail care kits

Facial packs

Eye masks

Throat lozenges

Adult coloring books and
colored pencils/pens

First-aid kits like Band-Aids,
hydrocortisone, Neosporin

For Individuals

Shower Caddy Basket

Body wash/shower gel

Shampoo

Conditioner

Deodorant

Lotion

Washcloth

Bath puff

Toothbrush

Toothpaste

Floss

Tweezers

Nail clippers

Hand mirror

Razor, shaving cream

Water shoes/flip flops

Sweet Dreams Basket

Twin-sized sheet set

Pillow

Blanket

Bathrobe

Sock-slippers

Sleep mask

Pajama set

Laundry Basket

Laundry pods

Laundry bag/basket

Stain stick/spot remover

Hangers

Paper towels

Dryer sheets

Backpack School Supplies

Spiral notebooks

Binder

Pens

Pencils

Scissors

Scotch tape

Small stapler

Sticky tack/Plasti-Tak/Uhu

Erasers

Wite-Out EZcorrect tape

Herbal tea



Donations for Health Services

HEALTH SERVICES
KITS ARE AVAILABLE
FOR ANY STUDENT
AND FOR
DISTRIBUTION AS
NEEDED. PLEASE
SEND TO HEALTH
SERVICES

The Diversity Closet

welcomes donations of coats, clothing, and towels, along with other wearable items.

We welcome any non-perishable food items for the Cottey Cupboard. The Cottey Cupboard is a free food program that supports resident and commuter students who struggle with food insecurities. These programs are managed by student leaders under the supervision of the Coordinator of Spiritual Life and Campus Diversity.

FEMININE HYGIENE KITS

Menstrual pads

Tampons

Ibuprofen

Heating pad

Herbal tea

Panty liners

Quarantine Kit

Tissues

Antibacterial wipes

Lap blanket

Puzzle books

Playing cards

Hand sanitizer

Thank-you notes and stamps are always welcome in any basket, kit, or care package! Items listed are only suggestions; please feel free to improvise.

Your support is so appreciated by students and staff at Cottey!

OCTOBER P.E.O. HOME NEWS



**CELEBRATING ASSISTED LIVING WEEK:
SEPTEMBER 12 - 16, 2022, ASSISTED-LIVING WEEK WAS A FUN ONE AT OUR HOME!**

RESIDENTS:

Monday – Movie and popcorn – All enjoyed watching Never Ending Story

Tuesday – Julie's Hotdogs (legendary), and there was entertainment from The Merry Makers

Wednesday – It was donut day and a trip to the Gage County Museum – it has been a while since there has been a trip there

Thursday – A fun picnic was enjoyed by all at Chautauqua Park -- to keep things running, two employees remained at the Home

Friday – Both residents and staff enjoyed pizza from Casey's, and they all had blizzards from Dairy Queen for dessert.

Bingo absolutely HAD to stay in place – it is always a popular event!





**CONCRETE WORK on our
PARKING LOT:
Official COMPLETE
The Home Parking Lot is in
USE!**

RECIPROCITY MEETINGS

A Home Board Director will be attending each Reciprocity Group meeting in September and October to share the latest updates. Administrator Shari Little will also be attending two of the meetings.

The week was an encouraging one for our Home staff as well. Shari Little and Kristie McClellan planned “treats” for employees...

- *Monday - Cookie mixes and a cookie cutter with a note that said “You ‘BAKE’ Our Team Better!”*
- *Tuesday - Simple “daisy” key chains with a note that said, “We are thankful for you every DAY-sy!”*
- *Wednesday - Given a spatula with a note that said “DONUT (it was donut day) Forget You are FLIPPIN’ AWESOME!”*
- *Thursday - All were given a pack of Extra gum with a note that said, “We Think YOU are EXTRA Special!”*
- *Friday - Staff were given certificates of appreciation including their years of service to our residents and Home.*

P.E.O. HOME

PRICES: SHAMPOO
AND SET = \$15
HAIR CUT = \$15
COLOR = \$50
PERM = \$45

ADOPT A RESIDENT OR STAFF MEMBER

ADOPT PROGRAMS and HOME BEAUTY SHOP CERTIFICATES:

If you have questions about the Adopt Programs you may contact ROSE FETTY at: rfetty89@yahoo.com

Kudos to Rose for her work to send specific gift suggestions to chapters!

--There have been some questions about purchasing a gift certificate to the Home Beauty Shop as a “gift” from your chapter for your “adopted” resident.

- 1. All you need to do is send a check, along with a note, detailing who your resident is and what service you are requesting along with your chapter information: shampoo and set, haircut, color or perm.*
- 2. Staff at the Home will create and print a “Gift Certificate” for your resident from your chapter and see that she gets it.*
- 3. IF you have a special card to accompany the certificate, be sure to include that “unsealed” card and the certificate will be placed in it for you and then delivered to the resident.*

SEEKING NEW P.E.O. HOME BOARD DIRECTOR:

IF YOU ARE INTERESTED IN
SERVING, PLEASE FOLLOW
THESE STEPS:

- Complete a "Willingness to Serve" form located on the Nebraska state website and send it to Vice President Kellie Stang who will forward your interest to the current Home Board.
- Please contact ROSE FETTY, chair of the Home Board Nominating Committee who will send you a Nebraska P.E.O. Home Questionnaire / Application for Election to the Board of Directors.
- Complete the Questionnaire / Application as thoroughly as possible and send the completed form to ROSE FETTY.
- The completed Questionnaire / Application must be postmarked by no later than DECEMBER 1, 2022 for you to be considered for this position.
- The most qualified candidate for our Home Board will be notified by mid-January 2023, as to her acceptance or, if not selected for the one vacancy, for her permission to keep her application available in the event of an off-cycle resignation.
- Considerations: the Home Board does appreciate having board members from many areas of Nebraska. We do meet, in person, four times per year - fall, winter, spring, and at convention in June each year. For general questions, like these, please contact board president, Lisa Helmick, PSP at: lisapeo@cox.net


Rose Fetty,
Nominating Chair, P.E.O. Home Board of Directors
421 North 16th Street
Beatrice, NE68310-3115
Home Phone:402-223-5842
EMAIL: rfetty89@yahoo.com



GARDEN DONATIONS

PLEASE THINK ABOUT GARDEN-LIKE DONATIONS:

When the concrete work is finished, plans are being made to spruce up our flower garden, and new “inside-the-fence” sidewalk areas. We will be seeking donations of perennials, edging stones, retaining wall bricks, and handrails for any terracing or slopes, etc. Perhaps you know of a business, a friend, or even YOU are doing some yard work this fall and would like to donate some of these items, please contact our Home (contact info at the top of this article). Perhaps you are aware of a lawn care/garden business that end up having to throw away perennials - they might like to donate. As fall continues and into the spring, we do want to spruce up our out-of-doors at our Home. Please think on this with us.



UPDATE ABOUT VISITING THE HOME

- At this time, no tours are being given of our Home. Yes, we had a few very mild cases of Covid but we are not willing to take any risks at this point. Fall always brings about cases of flu in addition to any new Covid variants. Safety for our residents is the key factor.*
- When tours are being given again, in small groups, by current Home staff members or Board Directors, we will be sure to let you know.*